

BRETT WALRAVEN

Financial Advisor

Rich is a number. Wealthy is a life.

You want the freedom to live on your own terms, and the confidence that the people and things you love are protected, whatever the future brings. But true wealth was never only financial. It lives in five places at once your time, your health, your relationships, your mind, and your money and real freedom comes only when all five are in good health. That balance sits at the heart of everything I do.

I'm Brett Walraven, a financial wellness adviser, and I help individuals and families grow wealth in all five of these forms what I call the Wealthfit concept. My path here was an unusual one. I hold a Master's degree in Biokinetics from the University of the Free State, and I began my career in health and rehabilitation, working with high-performance individuals to recover from injury and return to peak performance. Working so closely with the body taught me something I've never forgotten: that true wealth begins with health, and that the same principles of discipline, habit and balance that rebuild a body can just as powerfully build a life and a financial future.

Today, I bring that same thinking to financial advice. I encourage my clients to look beyond the balance sheet, because a bigger number means little if your time, health, relationships or peace of mind are running on empty. How? By planning for the future, saving for retirement, managing debt and investments, and staying aware of the risks behind every financial decision all while protecting the health and the life that money is meant to serve. Real change comes from good habits, not quick fixes, so I help you build the behaviours that make true wealth something you live, rather than something you chase.

For me, it always starts with you. I take the time to understand your life, your goals and what matters most because that's the only way to give advice that's genuinely personal. Life is fast-paced and, too often, impersonal; I prefer to slow things down just enough to do this properly. From there, we build a clear plan to move towards the life you want, and I stay alongside you with ongoing guidance, keeping you informed of the changes and trends that shape your Wealthfit journey.

I bring five years of experience in financial services, my RE5 regulatory qualification through Moonstone, and I'm currently completing a Higher Certificate in Financial Planning (NQF5) through Milpark alongside my Master's in Biokinetics. Based in central South Africa, within reach of all four regions of this beautiful country, I'm just as happy to meet over a coffee as over a quick video call. Money can make you rich; together, let's make you wealthy in every sense that matters.

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CONTACT

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QUALIFICATIONS

B.A. Human Movement Sciences |
University of the Free State, 2014

Honours (Biokinetics) | *University of
the Free State, 2015*

Masters (Biokinetics) | *Sports
Performance Clinic, 2020- 2021*

NQF 5 Certificate in advanced
financial planning, *Currently busy with*



Discovery



DOES YOUR MONEY NEED A “PROFESSIONAL TRAINER”?

Imagine a world where finance is associated with **LIFE, TIME** and **GROWTH** rather than **ANXIETY** and **STRESS**? At attooh! We believe that your financial journey should and could be a journey of enjoyment, fulfilment and escalating success.

It really is time to put **YOU** first. Take control of your finances and allow me, as your Financial Coach to guide you along the way.

MY SERVICES INCLUDE



INDIVIDUAL / FAMILY INSURANCE

- Life cover
- Disability
- Severe Illness
- Income continuation benefit
- Tax Free Investment/savings
- Retirement planning
- Educational savings



PERSONAL BANKING



WILLS & ESTATES



HEALTH

- Medical aid
- Gap cover



INVESTMENTS

- Local, guaranteed and offshore
- Retirement investments



SHORT TERM INSURANCE

- Personal lines
- Commercial insurance



EMPLOYEE BENEFITS

- Group Risk
- Retirement Funds
- Group Health Solution



VITALITY REWARDS

- Wellness management
- Wellness days

Every client is unique and so is my process in my practice. Allow my team and I to create a personalised, tailor-made financial solution for you. My advice is based on your needs and wants and I will truly commit to your overall financial and holistic success. **Financial freedom could be your reality.**



THE BUTTERFLY EFFECT

The butterfly with its metamorphosis - alludes to our lives as humans. Change is the **ONLY** constant. We celebrate growth, change and your own personal metamorphosis. We'll be there on the journey to guide and assist you toward a life of "permanent purpose".